



1190 Troy-Schenectady Rd
Latham, New York 12110
P: (518)640-3300
F: (518)640-3401
wildwoodprograms.org

Fall 2021

Welcome to Adult Education!

Adult Education classes for Fall Semester 2021 offered through the Elizabeth H. Rally Academy for Lifelong Learning will be online this fall.

- Scholarships may be used for all fees. Please call or e-mail for an application.
- All classes are open to the public, staff and families.

To register for classes:

1. **Choose your classes and fill out the Registration Form.** Please include your current e-mail address.
2. **Total your amount and make your check or money order payable to: Wildwood Programs** *Please note: Cash will not be accepted.*
3. **Send registration form and payment by 9/15/21 to:**
Adult Education, Wildwood Programs, Inc.
1190 Troy-Schenectady Road, Building #1, Latham, NY 12110

If you are new to Adult Education, please call 518-640-3352 to schedule an Intake Interview. Interviews will be done online or by phone and need to be completed by 9/15/21.

We hope you can join us to continue your lifelong learning this fall!

Sincerely,

Melinda Burns

Melinda Burns
Director of Adult Education
The Elizabeth H. Rally Academy for Lifelong Learning
518-640-3352
www.wildwoodprograms.org
e-mail: mburns@wildwoodprograms.org



Community Integrated Arts Performance

**Theater Arts Show will be
Wednesday, December 15th**

For more information, go to:
www.wildwoodprograms.org

New this semester:

Google Talk

Personal Outcome Measures:

Informational Sessions

Coming this fall:

Adult Education Newsletter

Contributions are welcome. Please send to:
mburns@wildwoodprograms.org

Fall 2021

Adult Education Division Course Offerings

All New Students: Intake Interview: Required for all new students

All new students are required to schedule an intake interview. If you have a Life Plan or psychological evaluation, please submit copies of those by fax 518-640-3401 or regular mail. The intake interview will take place by videoconference or phone. Please call the Adult Education office at 518-640-3352 to schedule an appointment.

Instructor: Adult Education Staff **Cost:** \$50.00
Location: Online by appointment **Times:** 9:00 AM-5:00 PM
Dates: 8/16-9/15

College Connection Series: Reading tutoring: Online and interactive!

Russell Sage College (RSC) students will provide 1-1 reading tutoring as part of their community service. Students will read materials on topics of interest, develop vocabulary and apply reading comprehension strategies. Some writing may be included. Classes are online and open to the public. An e-mail address is required. Scholarships may be used.

Instructor: Adult Education Staff **Cost:** \$40.00
Location: Online by Google Meet **Times:** 5:00 PM-5:45 PM
Dates: 9/27, 10/4, 10/18, 11/1, 11/8, 11/15, 11/22, 11/29

College Connection Workshop Series : Online and interactive!

Russell Sage College (RSC) students will connect with Adult Education students to discover their topics of interest. RSC students will then develop exciting, interactive workshops for each topic and present them online. Classes are open to the public. An e-mail address is required. Scholarships may be used.

Instructor: Adult Education Staff **Cost:** \$40.00
Location: Online by Google Meet **Times:** 4:00 PM-4:45 PM
Dates: 9/30, 10/7, 10/14, 10/21, 10/28, 11/4, 11/18, 12/2

Book Club: Online and interactive!

Students in this group will read a book and discuss it together. The book will be available at libraries, to download as an e-book or audiobook. Students are encouraged to take notes, read about the author and contribute to the discussions. Open to the public. An e-mail address is required. Scholarships may be used.

Instructor: Diane Teustchmann **Cost:** \$40.00
Location: Online by Google Meet **Times:** 4:00 PM-5:00 PM
Dates: 10/28, 11/4, 11/18, 12/2

Friends Connection : Online- Thursdays

Get together to connect with friends and meet new people. Two casual online evenings will feature time to socialize, games and lots of fun. Invite your friends to join with you! An e-mail address is required. Classes are open to the public. Scholarships may be used.

Instructor: Adult Education Staff **Cost:** \$20.00
Location: Online by Google Meet **Times:** 6:00 PM-7:00 PM
Dates: 10/21, 12/9

Google Talk- #1: New course offering! Online!

Classes are interactive and online. Join this class to learn more about your Google sites: g-mail, Google calendar, Google Meet and Google Docs. Learn how to make the most of these powerful tools. Open to the public. An e-mail address is required. *Free for all Wildwood Staff.* Scholarships may be used. Class size limited.

Instructor: Adult Education Staff **Cost:** \$40.00
Location: Online via Google meet **Times:** 3:30 PM-4:00 PM
Dates: 9/28, 10/5, 10/12, 10/19

Google Talk- #2: New course offering! Online!

Classes are interactive and online. Join this class to learn more about your Google sites: Google Docs, Google Sheets and Google Slides. Learn how to make the most of these powerful tools. Open to the public. An e-mail address is required. *Free for all Wildwood Staff.* Scholarships may be used. Class size limited.

Instructor: Adult Education Staff **Cost:** \$30.00
Location: Online via Google meet **Times:** 3:30 PM-4:00 PM
Dates: 11/30, 12/7, 12/14

HEAL Cooking- Session #1: Online!

Healthy Eating/Active Living (HEAL) classes are interactive and online. Each session will include an easy HEAL meal and show the utensils needed. Step-by-step skills will be shown and explained. Students are encouraged to cook along at home- just in time for dinner! Open to the public, staff and families. An e-mail address is required. Scholarships may be used.

Instructor: Adult Education Staff **Cost:** \$60.00
Location: Online via Google Meet **Times:** 4:15 PM-5:15 PM
Dates: 9/28, 10/5, 10/12, 10/19

HEAL Cooking- Session #2: Online!

Healthy Eating/Active Living (HEAL) classes are interactive and online. Each session will include an easy HEAL meal and show the utensils needed. Step-by-step skills will be shown and explained. Students are encouraged to cook along at home- just in time for dinner! Open to the public, staff and families. An e-mail address is required. Scholarships may be used.

Instructor: Adult Education Staff **Cost:** \$45.00
Location: Online via Google Meet **Times:** 4:15 PM-5:15 PM
Dates: 11/30, 12/7, 12/14

Personal Outcome Measures Interviews: Informational Sessions!

Personal Outcome Measures (POMS) Interviews provide an in-depth, confidential review of your hopes, dreams and future directions. Informational sessions will provide an overview of the process, timeframe and expectations. Attendees will have the opportunity to sign up for a. Open to the public. An e-mail address is required.

Instructor: Michelle Brown **Cost:** \$0.00
Location: Online via Google Meet **Times:** 4:00 PM-4:30 PM
Dates: 10/27, 11/17

Pre-High School Equivalency Preparation: Online- Wednesdays

Classes are online via Google Meet. Students build academic skills in reading and writing through small group and individual work sessions. Students will have access to an online account for continued practice. Homework assignments will be given. Students need an e-mail address and preferably a camera and microphone. Scholarship funds may be used.

Instructor: Nancy Crane **Cost:** \$80.00
Location: Online using Google Meet **Times:** 4:15 PM-5:15 PM
Dates: 10/6, 10/13, 10/20, 10/27, 11/3, 11/10, 11/17, 12/1

Talk Show with Jill : New day and time!

Join Jill and guest speakers as they discuss topics featuring The Arts: theater, writing and art. Local actors, authors and artists will be featured. A question and answer period will be included in each show. Open to the public. An e-mail address is required. Scholarships may be used.

Instructor: Adult Education Staff **Cost:** \$20.00
Location: Online via Google Meet **Times:** 4:30 PM-5:00 PM
Dates: 10/27, 11/3, 11/10, 11/17

Talk Show with Sarah : New day and time!

Join Sarah and guest speakers as they discuss health and wellness topics including: adjusting to the post-pandemic "new normal"; dealing with tough stuff; healthy habits, and changing mindsets. A question and answer period will be included in each show. Open to the public. An e-mail address is required. Scholarships may be used.

Instructor: Adult Education Staff **Cost:** \$20.00
Location: Online via Google Meet **Times:** 4:30 PM-5:00 PM
Dates: 9/29, 10/6, 10/13, 10/20

Theater Arts: Online

Students will work together on a group theatrical performance. Actors will learn about scripts, character development, action, props, sound effects and voice projection. The performance will be on the final night of class and will be recorded. Open to the public, staff and families. An e-mail address is required. Scholarships may be used.

Instructor: Adult Education Staff **Cost:** \$90.00
Location: Online using Google Meet **Times:** 6:00 PM-7:00 PM
Dates: 10/6, 10/13, 10/20, 10/27, 11/3, 11/10, 11/17, 12/1, 12/8

Travel Around the World: Online!

Come "travel" to many different and exciting new places! This class will bring you to places around the world with videos, pictures and guest speakers. Students will be invited to share their own travel experiences. Open to the public. An e-mail address is required. Scholarships may be used.

Instructor: Adult Education Staff **Cost:** \$45.00
Location: Online via Google Meet **Times:** 3:30 PM-4:15 PM
Dates: 10/26, 11/9, 11/16, 11/23

What's Important To Me?:

Create a visual summary of what's important to you! Templates will be demonstrated and provided to help you create your own one page digital summary. Gather digital pictures, text and important information to add to your page. Pages can be easily updated. Open to the public. An e-mail address is required. Scholarships may be used. Class size is limited.

Instructor: Michelle Brown

Cost: \$20.00

Location: Online via Google Meet

Times: 4:00 PM-4:30 PM

Dates: 9/29, 10/6, 10/13, 10/20

Writing Skills:

Join this class to develop your writing skills. Practice organizing your ideas and writing more clearly. Writers will work on a piece from rough draft to final copy. Feedback will be provided, if requested. Students may submit their work to the Adult Education publication *Journeys*. Scholarship funds may be used. Class is open to the public. An e-mail address is required.

Instructor: Adult Education Staff

Cost: \$40.00

Location: Online using Google Meet

Times: 3:30 PM-4:15 PM

Dates: 10/26, 11/9, 11/16, 11/23

The Elizabeth H. Rally Academy for Life Long Learning

Fall 2021

Adult Education Division Course Offerings

Name _____ Email _____

Street _____ City _____ State _____ Zip _____

Day Phone _____ Eve Phone _____ Cell Phone _____

Code	Course	Cost	
1001	All New Students: Intake Interview	\$50.00	<input type="text"/>
1112	Book Club	\$40.00	<input type="text"/>
19181	College Connection Series: Reading tutoring	\$40.00	<input type="text"/>
19182	College Connection Workshop Series	\$40.00	<input type="text"/>
1606	Friends Connection	\$20.00	<input type="text"/>
12101	Google Talk- #1	\$40.00	<input type="text"/>
12102	Google Talk- #2	\$30.00	<input type="text"/>
15061	HEAL Cooking- Session #1	\$60.00	<input type="text"/>
15062	HEAL Cooking- Session #2	\$45.00	<input type="text"/>
1921	Personal Outcome Measures Interviews	\$0.00	<input type="text"/>
1102	Pre-High School Equivalency Preparation	\$80.00	<input type="text"/>
16142	Talk Show with Jill	\$20.00	<input type="text"/>
16141	Talk Show with Sarah	\$20.00	<input type="text"/>
1775	Theater Arts	\$90.00	<input type="text"/>
1920	Travel Around the World	\$45.00	<input type="text"/>
1916	What's Important To Me?	\$20.00	<input type="text"/>
1601	Writing Skills	\$40.00	<input type="text"/>

The Registration Deadline is 9/15/2021

**Total _____